ASSOCIATION OF BEHAVIORAL & COGNITIVE THERAPIES (ABCT) ADDICTIVE BEHAVIORS SPECIAL INTEREST GROUP (AB-SIG)

Summer Newsletter - 2021



Note from the SIG Leader

Dear Addictive Behaviors SIG Members and Friends,

Back in early May, Connecticut was the first state to vaccinate more than 70% of adults. Currently, we are at 67.9% vaccinated statewide, and our positivity rate is less than 1%. Life is quickly returning to a new normal - I hope you are seeing progress in your state and experiencing a similar sense of cautious relief.

The past 18-or-so months has been an endeavor in flexibility for us all — work-from-home, remote clinical practice, remote teaching, remote school for our children, childcare challenges, and the many other changes we have experienced. These huge shifts in the way we conduct our daily lives required rapid and often creative solutions. Even though some solutions were not always ideal (or preferred), I hope you have had the chance to practice a bit of self-care and recognize the impressive adaptability we have collectively demonstrated!

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In the spirit of celebrating the positives, WFH was the perfect opportunity for adopting pandemic puppies, and I took full advantage. Allow me to introduce Tully (left) and Pumpkin (right). They are both frequent visitors on my professional virtual calls for better or worse!

Looking forward to the fall, the Annual Convention will be **November 18-21, 2021** in New Orleans. Currently, ABCT plans for an in-person conference experience. As someone who lived in Louisiana, I can vouch for how fantastic New Orleans is for a conference visit, and I hope many of you will be able to make it. However, I will be sure to keep you updated on any developments regarding the availability of hybrid/virtual conference options if offered.

Last year, we held the AB-SIG meeting virtually with solid attendance numbers. Though I can't guarantee it, I will look into whether we can provide virtual access for this year's SIG meeting. If you have experience to share in integrating virtual options successfully in large group settings like our SIG meeting, please let me know.

Thank You to Jessica Cronce, for her past leadership of the AB-SIG. As incoming SIG leader, I welcome any ideas about how we can increase addictions representation at ABCT, as well as how we might leverage our SIG for collaboration and networking. Below are a few of our current efforts/opportunities:

Participation opportunities:	 Dedicated travel award for underrepresented student members of our SIG (thanks to Dr. Cronce for launching this new initiative!) SIG Expo Poster Submissions – Deadline Aug. 20, 2021 SIG Meeting Poster Submissions – Deadline Sept 3, 2021
	See call for Award Nominations and SIG Poster submissions below.
Research collaboration list:	In the lead-up to the ABCT submission deadlines this past winter, we created a fillable form (https://tinyurl.com/y4ye3444) for members' research focus and data available for symposiums. This form can be updated at any time by our members looking for potential collaborations, but especially in the few months prior to the 2022 ABCT submission deadlines.
Virtual meet-and-greets:	From that list, we coordinated individuals with similar content areas for a virtual meet-and-greet session. This resulted in the submission of a SIG-sponsored symposium! We will aim to try this strategy again for the 2022 submissions.
Advertising/recruitment:	The lists for addictions faculty recruiting students and for addictions-related postdoc positions will be continue to be circulated. Additional opportunities and new positions can be sent to Rachc@uchc.edu to be distributed via the listserv
Recognition opportunities:	 Outstanding Student Poster Award (yearly) Lifetime Achievement Award (odd years) G. Alan Marlatt Mid-Career Research Award (yearly) Early Career Award (even years) See the call for Award nominations below.
SIG Service:	Please volunteer to review: SIG-Expo poster abstracts (late August), Student Poster Session abstracts (early September), and/or Award Nominees (early September). Contact Rashc@uchc.edu with your availability for reviewing.
ABCT Service:	Please consider serving on ABCT committees. See various committees and links to apply here: https://www.abct.org/membership/get-involved/
SIG Listserv:	If you are not receiving SIG listserv emails and wish to join, please email Rashc@uchc.edu .

Please email Rashc@uchc.edu with your ideas for our SIG. I hope to see you all in November!

Best wishes, Carla Rash Addictive Behaviors SIG Leader (2020-2022)

Membership renewal and dues

Your dues enable us to support networking opportunities at the conference and to recognize the outstanding work of our up-and-coming and well-established addiction researchers. Please support our SIG with your dues payments! Since your dues are a donation, we welcome donations of any amount *over* the requested membership fee! If you would like to make a *designation donation* (e.g., for the new award to support underrepresented students), please indicate this in the memo line of your check. Any amount donated in excess of your annual dues will then be designated for the fund you indicate.

Dues structure:

Students (undergraduate, post-baccalaureate, or graduate) and bachelor's-level research assistants = \$0. Post-doctoral fellows = \$10 Professional members = \$20.

HOW TO PAY:

Electronic payments – we now have 3 electronic options:	Snail mail payments:	Pay in person at the annual meeting in November:
 Zelle: 310-383-8088 Paypal: <u>bradconner@gmail.com</u> Venmo: @Brad-Conner-8 	Make checks payable to Brad Conner and include AB-SIG Dues (2021) on the memo line.	Cash or check payable to Brad Conner.
IMPORTANT! For all electronic payments, please include your name and AB-SIG Dues (insert current YEAR) in the notes. Example: Ima Researcher, AB-SIG Dues 2021	Mail to: Brad Conner, PhD 2103 Green Lake Drive Fort Collins, CO 80524	

New Members, Updates, and Accessing the Listserv

If you would like to join our SIG, join the listsery, or have recently moved or changed email addresses, please send your new email address to our **AB-SIG Leader Dr. Carla Rash** (Rashc@uchc.edu). We will promptly update this information in our database. If you would like to discontinue your membership please let her know that, too, and we will remove your name from the membership list and unsubscribe you from the listsery.

A quick note about our listsery: Anyone, including non-members, may post a message to the listsery. You can send your emails directly to the listsery (i.e., you do not need to send to the SIG Leader for posting).

SIG-AB-LISTSERY@LISTS.KU.EDU

2020 Award Winners

Congratulations to our SIG member Award Winners in 2020!

Awards	Winners
Awarded by the ABCT Awards Committee:	
Sobell Innovative Addictions Research Award	Christopher Correia, Ph.D., Auburn University
Elsie Ramos Memorial First Author Poster Award	Gemma T. Wallace, Colorado State University
Awarded by AB-SIG:	
Marlatt Memorial Research Award	Sara Becker, Brown University
Early Career Achievement Award	Angelo DiBello, Rutgers University
Outstanding Student Poster Award	McKenzie Watson, University of North Texas

Call for Nominations – Deadline Sept. 3, 2021

Lifetime Achievement Award

The Addictive Behaviors SIG Lifetime Achievement Award is given to a member of our SIG who has made major contributions to the field of addictive behaviors over the course of a lifetime. This award is given every other year (during odd years) to an individual who has substantially impacted our field as a researcher, educator, clinician, and/or scholar. Award recipients receive a plaque commemorating their achievement and are invited to give a 30 minute presentation on their program of research at the annual SIG meeting. Submit current CV and letter of recommendation in the portal below.

G. Alan Marlatt Mid-Career Research Award

The G. Alan Marlatt Mid-Career Research Award is generously sponsored by Drs. Mark and Linda Sobell. It celebrates the tradition established by Dr. G. Alan Marlatt in his distinguished career as a pioneer and innovator in cognitive-behavioral therapy and research on addictive behaviors. It is given annually to a member of our SIG who received their doctoral degree between 4 and 12 years prior to receiving the award, who has conducted a program of research in the field of addiction psychology demonstrating substantial scientific rigor. This research can focus on understanding mechanisms of addiction or advancing evidence-based clinical practice in the addictions. Research that addresses harm reduction or treatment innovations would be particularly consistent with Dr. Marlatt's research emphasis, but such a focus is not a requirement for the award. Award recipients receive a cash prize of \$500 and a plaque. Submit current CV and letter of recommendation in the portal below.

Underrepresented Student Travel Award

The Addictive Behaviors SIG offers travel awards up to \$250 to students that are underrepresented in the biomedical, clinical, behavioral, and social sciences as defined by the Department of Health and Human Services, including students from disadvantaged backgrounds, who are interested in addictions research and practice. Priority will be given to students (1) who have never attended the convention, (2) who are presenting at the convention, and (3) who have no other funds available to them. Award funds may be requested to cover costs related to: (1) ABCT membership (currently \$84); (2) ABCT student conference registration (currently \$140); (3) presenting (e.g., poster printing); and/or (4) travel associated with attending the ABCT convention. Applications should include the following:

- (1) the student's name;
- (2) current enrollment status (undergraduate vs. graduate, year in program);
- (3) name of faculty mentor (if applicable);
- (4) a statement of how many times the student has attended ABCT;
- (5) a description of the presentation type and title the student will be giving at ABCT in the year applying (if applicable);

(6) the type and amount of support requested, along with acknowledgement of any other funds being received (e.g., funds from ABCT; funds from the student's college or university; reimbursement being provided by a faculty mentor's grant or a grant directly to the student).

Outstanding Student Poster Award

This award is given every year to an undergraduate, post-baccalaureate, or graduate student whose first-author poster demonstrates excellence in advancing research on addictive behaviors. Award recipients receive a certificate commemorating their achievement and \$20 toward the purchase of a frame of their choosing. **No nomination is needed**. The awardee is chosen from among first-author student SIG posters that are accepted for presentation.

AWARD NOMINATION INSTRUCTIONS:

Please consider nominating a deserving addictions professional for these awards. Self-nominations are welcome. Nominations will be reviewed and voted on by a committee of Addictive Behaviors SIG members. **Submit your nomination(s) by Friday, September 3, 2021** here:

https://uconn.co1.qualtrics.com/jfe/form/SV_6LnSGsySN81aivY

Call for Abstracts

We have two opportunities to present your work – the SIG-Expo and the Student Poster Session during our SIG meeting.

SIG-Expo Abstract Submission Deadline: Friday, August 20, 2021

Notes: A maximum of 12 SIG-Expo posters are allowed. All levels (professional, postdoc, student) welcome to submit abstracts.

<u>Student Poster Session Abstract Submission Deadline</u>: <u>Friday, September 3, 2021</u>
Notes: Number of posters to be determined. Students and trainees welcome to submit abstracts.

PLEASE USE THE PORTAL TO THE RIGHT TO SUBMIT YOUR ABSTRACT FOR CONSIDERATION----->

The AB-SIG recognizes the cost of membership can be prohibitive, particularly for students and early career researchers. Therefore, first authors are no longer required to be a member of ABCT and the Addictive Behaviors SIG *prior to submitting their poster abstract* for consideration! However, first authors (and, in the case of undergraduate students, post-baccalaureates, or graduate students, their faculty or postdoc advisor/mentor/research supervisor on the project described in the poster) will still be required to become members of ABCT and the Addictive Behaviors SIG *following notification of acceptance*. **Membership status in ABCT** must be confirmed following notification of abstract selection by sending documentation (e.g., the receipt

Important Notes

Abstracts = Max **250 words**. Please include current contact information so we can let you know whether the review committee has accepted your poster.

Submit poster abstracts for the SIG Expo Poster Session using the submission form link below:

https://uconn.co1.qualtrics.com/jfe/form/SV_41PJKjg9AuF5x9I

generated when purchasing/renewing your membership) to the SIG leader.

<u>Information on ABCT memberships can be found here</u>. Information on Addictive Behaviors SIG membership is found above in this newsletter (\$20 for full membership, \$10 for post-doctoral fellows) or at our SIG <u>website</u>. **Student members of Addictive Behaviors SIG for** *free*, **but only if they are already ABCT members**. Student members of ABCT wishing to be considered Addictive Behaviors SIG members for this year's conference should email me at <u>Rashc@uchc.edu</u>, so that I can add your name and email to our membership roll. If you are a professional or postdoctoral member of the Addictive Behaviors SIG who wishes to pay their dues, see payment information above.

IMPORTANT DATES		
Friday August 20	Deadline for SIG-Expo abstract submissions	
	https://uconn.co1.qualtrics.com/jfe/form/SV_41PJKjg9AuF5x9I	
Friday September 3	Deadline for student poster abstract submissions	
	https://uconn.co1.qualtrics.com/jfe/form/SV_41PJKjg9AuF5x9I	
Friday September 3	Deadline for award nominations	
	https://uconn.co1.qualtrics.com/jfe/form/SV 6LnSGsySN81aivY	
Thursday-Sunday, November 18-21	Annual conference, New Orleans	
	https://www.abct.org/2021-convention/	

SIG Contact Information:

SIG Leader: Carla Rash, Rashc@uchc.edu

SIG Treasurer: Brad Conner, <u>Brad.Conner@colostate.edu</u>

SIG Website: https://addictivebehaviorssig.wordpress.com/

SIG Listserv: SIG-AB-LISTSERV@LISTS.KU.EDU